2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

with the sticks or *būṣ* as fuel. Here, too, are set up the household granaries.

The houses, especially the better-built ones, admirably suit the Egyptian climate. There is only one thing lacking to make them really pleasant places to live in, and that is greater cleanliness within the houses themselves and without in the streets. The salvation of the people lies in the fact that they lead essentially an outdoor life, the houses being regarded almost solely as places to sleep and cook in; otherwise the mortality would be considerably higher than it is.

FIG. 7. VIEW OVER THE HOUSE-TOPS

I know how comfortable a well-kept house of the better kind can be, having lived in one for five months. This house stood on a high mound formed by the *débris* of earlier buildings; for in Egypt, when a house has collapsed or has been pulled down, the mass of rubbish is not necessarily removed, but when it has been sufficiently levelled another house is erected on the top of it. The whole of the upper floor of this house was placed at my disposal, my apartments consisting of a small bedroom and a sitting-room. The latter had two unglazed but shuttered windows, from which I could look over the tops of the neighbouring houses and be a spectator of the varied life on the roofs. Outside the rooms was a partly covered passage, from which a glorious view of the sunsets could be obtained.

The villages are intersected by narrow lanes—in most cases they

2: Blackman E-5 (1920-1926) 1927
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Upper Egypt

CHAPTER II

THE WOMEN AND CHILDREN

562 114 FOREIGNERS are often heard talking about "the poor oppressed Egyptian woman." She is spoken of as overworked and ill-treated, and her husband as a brute without feeling or thought for her. I would have my readers bear in mind that in this book I am dealing only with the *fellāḥīn*; I have no intention of discussing or criticizing the aspirations for emancipation which are now finding voice among many Egyptian ladies of the upper classes. What I have to say here concerns the peasants only, among whom I have sojourned for several years. No one is more anxious than I am to see the status of Egyptian women raised, for until they are made fit to hold a higher position in their world there is, I think, little chance of the country taking a more exalted place among the nations of the earth.

868 562 [807] The girls' education should be entirely practical to start with, and book-learning should come by slow degrees. They should be taught the best way of carrying out their domestic duties, which are, after all, very simple—how to cook their food in a cleanly way, [863] to realize that hands should be carefully washed before handling food or mixing the flour and kneading the dough for bread, and [515] [262] that a *clean*, not a dirty, dress should be worn when they are engaged in any culinary operation. They should also be made to realize that if they would spend but half an hour to an hour every morning sweeping their mud floors and the ground outside their [356] house-doors, and then burning the refuse, they would have both healthier and brighter homes and villages. At present they are [744] without the most elementary knowledge of hygiene, and are unmethodical in the carrying out of most, if not all, their domestic duties. It is in matters such as these that the village girls need instruction first and foremost.

562 The somewhat inferior position that the peasant women occupy in village society compared with that of the men follows as a natural consequence of their greater ignorance.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt
Copts MR 10

THE FELLĀḤĪN OF UPPER EGYPT

Scriptures. After interminable readings and chantings there was a pause, and one of the mourners present clapped his hands, thus commanding the attention of every one in the church. He then began the funeral oration, extolling the dead man and mentioning many of his good deeds. He spoke with great fervour and sincerity, though he was himself a Muslim, and I much admired his restrained gestures, his fluency, and his clear enunciation. He was really a good speaker and entirely devoid of self-consciousness. After the speech was ended the candles were put out and removed from the sides of the coffin, the lid was replaced, the bearers hoisted the coffin on to their shoulders, and, preceded by the priest and the *'arīf*, walked three times round the church, followed by all the mourners. After the third perambulation they came down the centre of the building, and so out of the church to the place of burial.

There is no service at the grave among the Copts, and after loud-voiced and conflicting advice from every man in the crowd assembled round the grave the coffin was at last successfully lowered to its final resting-place, a vault in which a number of interments had already been made. Finally the opening to the vault was bricked up and the earth flung back into its place again, and we all set off for our several abodes.

The mourning at the house usually lasts for seven days, as with the Muslims, though the period is sometimes reduced to three days only. During those seven or three days, according to one of my Coptic informants, no food is cooked in the house of mourning, but supplies are brought in by village friends. According to the same informant, prayers are offered up in the church by the priest on the third, seventh, fifteenth, and fortieth days after a death; these prayers are believed to be the means of saving a lost soul. During the fifteen days the house of mourning is not swept, but no reason was given for this custom.

On the third day after a death has taken place a priest, attended by the *'arīf*, goes to the house of the dead man or woman. Some of the uneducated Copts believe that the priest on this occasion dismisses the soul of the dead person from the house, where it is believed to remain until that day. I was present for this ceremony after the death of the Copt whose funeral I described above. As his relations were very poor people the ceremony was doubtless far less elaborate than it would be in the case of people in a better position.

352 and toilet use there is a large flat tub (*tisht*) which serves
353 as both laundry-basin and bath, a fragment of mirror, and
296 a big wooden chest which may hold almost anything. This
515 was a gift at the betrothal, and its crude colours are reminders of a red-letter day. "In this chest near the oven, whose key the mistress of the house wears at her neck, I have seen all jumbled together eggs, pepper, cheese, rags, needles and thread, several necklaces and a packet of *kohl*." This from the letter of a surprised French missionary.

181 The close proximity of men, cattle and soil is as noticeable
356 in the fellah's house as in the field and the village. It is a reflection of the fellah's social level and manner of life. Like house, like household.

The fellah's dependence on soil, sun and water extends even to his house. He himself is of the earth, earthy, through his labour and his food, in his diseases and finally in his death. His house no less, by the material of which it is made — floor, walls, roof and all — and by its very squatness is a part of the earth.

342 The fellah lives out of doors because of the lack of
362 comfort in his home, which is no more than an unfurnished
181 sleeping-place and a store-room, a part of the crowded camp
183 which is the village.

All the houses are alike. The fellaheen have little individuality; each is an atomised unit of the mass, and his household but one cell in the agricultural hive. At the same time there is little or no space reserved for agricultural uses. The fellah works for others, and does not store the produce of the land for himself.

Yet this dwelling, which lacks so much that we deem essential, is so well adapted to its tenants and their habits that they will change or rather deform into its likeness any better-appointed house built for them on a model *'ezba*.

342 A house on an *'ezba* belongs to the owner, one in the
421 village to the fellah. House and site together are worth at the most L.E. 25. There is no rent or house tax to pay. On an *'ezba* the dwelling enters into the conditions of lease or share-tenancy. In the village it belongs to the head of the family.

592 In this homestead scarcely larger than himself the fellah leads a life of his own, no longer as a serf but as a master. Each house contains a large family, including very often, besides the father and mother, four or five children, a grand-

744 to provide public conveniences, in the effort to combat the diseases which lessen the fellah's output ? The Ministry of Public Health, founded in 1934, has given this question priority in its programme, but it has not a large budget, and most of its income goes to pay the salaries of its officials. It has, however, some genuine achievements to its credit. Sixty-seven dispensaries, permanent or travelling, are fighting bilharzia and ankylostomiasis. There are as many hospitals, with about four thousand beds in all, for serious illnesses. In 1936 there were 111 eye-clinics, which had treated 1,133,599 patients. Infant welfare is organised in some forty centres. Doctors, midwives, and visiting nurses, instead of waiting for the peasant woman to come and ask for help, go round from house to house to give treatment and advice. At least half a million visits have been made. By 1937 there were about five thousand certified midwives, who had taken a six months' course in a maternity hospital, and eight thousand of the second class, who had from three to six weeks' training.

744 747 To these splendid efforts must be added the even more devoted labours of private institutions : the dispensaries and home visits of the Franciscan Sisters of Egypt and the many other Catholic sisterhoods, the Protestant foundations, such as the C.M.S. and the American Mission, and the more recent and methodical 'social centres' established in a dozen villages in the Delta.

It is a vast field, and these efforts up to the present have affected only thousands out of millions. Even those fortunate few often lose the benefit of their medical treatment through their ignorance, their unhygienic habits, and their poverty. These are the obstacles to progress.

183 744 A model village has no power to make the fellah a healthy man, immune from sickness. The work of the authorities in the provinces is hardly more succesful. So long as the fellah keeps his present ways of thought and the ignorance that hinders him from knowing what is good for him and what is not, he will remain, in spite of all the improvements that are offered him, exactly as he is today. He will refuse filtered water and drink the impure water his fathers drank. Give him a light, airy, healthy dwelling, and he will pervert it to his own manner of life. He will still be unable to profit from the laws and institutions provided to help him.

271 356 183

8:Schaefer A-5 (1900-1901) 1904
MR13 Fellahin MR13
Upper Egypt

19.

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Song to a sun-shower.

ʿĒb ʿalēk, ya naṭare,
wes-sams mefattaḥe.

Shame yourself, O rain,
For the sun has broken through!

2. Literally: "has opened". The same word is used with flowers which are unfolding, e. g. No. 6, l. 7.

20.

Preparations for a Feast.

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[252]
[356]
[482]

Faṭne (Fatme), the daughter of the Prophet Mohammed, and her husband ʿAli, are represented in the song as simple Egyptian peasants. She is about to bake cakes for the feast; first hastily cleaning the house and carrying the basket of sweepings out upon her head. Everyone who is acquainted with Egyptian villages, will have often seen this picture.

ʿAli, the master of the house, to please his wife, has gone as far as southern Upper Egypt, for the sake of an iron hook, for taking bread from the oven. At the beginning, the sun, which has hidden behind the clouds, is requested to show its pleasantest face at the feast; for there is not continuous blue sky in northern Upper Egypt. At Saqqāra, in winter, we [132] often had an overcast sky and heavy rainfalls.

Fattaḥi, ya semise, ya semise,
lagl ʿAli u-Moḥammadī
we-Faṭne, bint en-nabi!
u-ʿaginha ʾuddamha.